Kosciuszko National Park
Thredbo–Perisher area bike trails

The Thredbo–Perisher area is one of Australia’s premier mountain biking destinations. From leisurely cycles, to cross-country and adrenaline trails, there’s something for everyone.

Plan with weather and track conditions in mind. Snow can fall at any time of year, covering the tracks and bringing freezing conditions. Some rides can only be enjoyed when there’s no snow – check with our visitor centres before setting out.

Remember to give way to walkers on all trails.

ALPINE AREA TRAILS

When the winter snow melts, you’ll discover an ancient landscape of granite tors, glacial lakes and summer wildflowers.

Topographic maps
• Perisher Valley 1:25 000
• Youngal 1:25 000

01 Mount Kosciuszko summit trail

Easy, Management trail
15.2km return, 2–3 hours

Charlotte Pass to:
Snowy River: 4.5km one-way
Seaman’s Hut: 5.9km one-way
Rawson Pass: 7.6km one-way
Mount Kosciuszko summit (no bikes): 9.3km one-way

This summer-only ride is Australia’s highest mountain bike ride. The trail follows the old road to Mount Kosciuszko, which closed to public vehicles in 1976 due to safety and environmental concerns. Pass through snow gums, heath and herb fields and enjoy expansive views of the Main Range. Cross the Snowy River and climb the winding trail to Seamans Hut, which was built in 1929 as a memorial to skiers Laurie Seaman and Evan Hayes.

You’ll need to leave your bike at Rawson Pass and walk the 1.7km track to the summit – so carry a bike lock. The road has some steep sections but the return leg is mostly downhill. Go slowly and be aware of walkers.

THREDBO AREA TRAILS

Ride beside cool mountain streams to historic huts, experience the thrill of a single track, downhill ride, or explore the Alpine Village of Thredbo.

Topographic maps
• Chimmeys Ridge 1:25 000
• Perisher Valley 1:25 000
• Tom Groggin 1:25 000

02 Thredbo Valley track

Easy, 16.6km one-way, 3 hours

Thredbo to:
Bridge Number 1: 1.4km one-way
Old Ranger Station: 6.5km one-way
Ngarigo campground: 9.3km one-way
Thredbo Diggings campground: 13.9km one-way
Bullocks Flat: 16.6km one-way

This iconic summer mountain bike trail, or year-round walk, is one of the Snowy Mountains most popular (and easiest) adventures on two wheels. It’s a moderate 3–hour ride between Thredbo Alpine Village and Bullocks Flat Skitube Terminal.

If you prefer to tackle just a section of the track, there are access points at Ngarigo or Thredbo Diggings campgrounds, and at Bullocks Flat.

The track starts from Friday Drive, in Thredbo, and meanders along the pretty Thredbo River valley, crossing five suspension bridges on the way to Ngarigo campground. Soak in the views of the Ramshead Range as you ride by the banks of the Thredbo River, through tall mountain gum forest, snow gum woodland, and open grasslands.

The track is mostly smooth riding with some short climbs and descents. The section between Ngarigo and Thredbo Diggings is the most technical part of the track.

Arrange a car shuffle, or take advantage of shuttle services and tours in summer, to return to Thredbo. Closed to bikes May to November (sections may open in May and October when conditions allow).

**Lower Thredbo Valley track extension:**

- **Intermediate**

Thredbo Valley track is being extended downstream from Bullocks Flat to link with trails around Lake Jindabyne. It’s not yet complete but, depending on construction works, sections may be open for riders keen to test their skills on this more challenging and remote track.

### Thredbo Mountain Bike Park

**Various Grades**, 25km of trails

Thredbo Mountain Bike Park is home to 25km of epic alpine riding. There are chairlift-accessed gravity trails, skills parks, a linked network of cross country trails, and a fun flowing pump track. The Cannonball Downhill, Kosciuszko Flow and All-Mountain trails complement the mix and provide easy access to the Thredbo Valley track. Bike rental, clinics, retail store and programs are all available in Thredbo village. Visit: thredbo.com.au

### BEFORE YOU SET OUT

Conditions can change rapidly, and trails may close in poor weather. Always check with one of our visitor centres before setting out.

For further information on conditions and closures contact Snowy Region Visitor Centre on (02) 6450 5600, or call in to pick up guide books and topographic maps.

Visit: nationalparks.nsw.gov.au/kosciuszko

### Bullocks track

- **Intermediate, 2.5km one-way, 15–30mins**

This track begins from either Thredbo Diggings campground or from Bullocks Flat Skitube carpark ‘D’. The main track follows the Thredbo River to Bullock’s Hut, which was built in 1934 as a holiday cottage for Dr H. Bullock. Return the same way, or loop back along Thredbo Valley track or Muzzlewood track. From Bullocks Hut you can also continue 1.4km to Lake Crackenback.

Closed to bikes from May to November (sections may open in May when conditions allow).
05 Muzzlewood track

Intermediate, 3.5km one-way, 15–30mins

Starting from either Thredbo Diggings campground or Bullocks Flat Skitube carpark ‘D’, this track loops around Muzzlewood Wetland. Return the same way. This track also forms a great loop with Thredbo Valley track or Bullocks track.

Closed to bikes from May to November (sections may open in May when conditions allow).

06 Cascade Hut trail

Intermediate, Management trail
20km return, 3–6 hours

Alpine Way to:
Bob’s Ridge: 4.8km one-way, 2 hours
Cascade Hut: 10km one-way, 3.5 hours

Starting from Dead Horse Gap, on Alpine Way, Cascade Hut trail follows the Thredbo River upstream before crossing it and climbing to the top of Bob’s Ridge. Enjoy the views over the Murray River valley into Victoria. Then continue to Cascade Hut, which was built in 1935.

The hut is in the Pilot Wilderness Area so mountain bike riders will need to stay on the designated trails. You can camp overnight near the hut (toilet facilities only) then return the same way.

This versatile trail is part of the Australian Alps walking track. It’s open to bike riders and walkers in summer and for cross-country skiing and snowshoeing in winter. Fat bikes permitted year-round.

For a multi-day challenge, continue south through the Pilot Wilderness. You’ll pass Tin Mine Huts then join Nine Mile trail, and continue to Barry Way, in Lower Snowy River area.

07 Boardman’s Run

Easy, 21km one way, 2–4 hours

Boardman’s Run is a longer distance trail for bikes, horse riders and walkers. Part of the Bicentennial National trail, it follows the Murray River from Tom Groggin campground to Geehi Flats campground. The trail crosses several creeks in leafy fern gullies, and offers stunning views of the mountain ranges in both Kosciuszko National Park and Victoria.

This trail is popular with horse riders, so please stop and let them pass to avoid accidents. The track is open all year round.
PERISHER AREA TRAILS

Starting from the resort towns of Perisher and Smiggin Holes, these trails offer a range of easy to medium rides through sub-alpine landscapes. You’ll be treated to great views of the Main Range, woodland valleys and Guthega Village.

Topographic maps
• Perisher Valley 1:25 000
• Youngal 1:25 000

08 Perisher to Charlotte Pass ride

Easy, 18km return, 2 hours

This road ride takes you along the sealed Kosciuszkko Road, climbing from Perisher Valley to Charlotte Pass. It links Perisher to the Summit trail, which you can cycle as far as Rawson Pass, before walking to the top of Mount Kosciuszkko.

At Charlotte Pass, lock your bike and stretch your legs on the short Mount Stillwell walk or Snow Gums Boardwalk, and enjoy spectacular views of the Main Range.

09 Perisher to Guthega trail

Intermediate, Management trail
18km return, 2.5 hours

From the end of the carpark at Smiggin Holes, turn left. After around 5km on the Link Road turn left onto Guthega Road and follow the gravel road to Guthega Village. Return the way you came.

10 Pipers Creek trail

Intermediate, Management trail
14km loop, 1.5 hours

This loop ride starts and ends at Smiggin Holes carpark. From the end of the carpark turn left. After around 2.5km turn right at the aqueduct, just past the Ridge Chairlift on the left, and follow the gravel road. If you reach Guthega Road you’ve missed the turn-off.

There’s a short, tricky uphill section, then the trail follows some power lines. There’s a short uphill to the right then a traverse along an open section. Where the trails merge, keep going straight. Take the trail to cross Pipers Creek and then turn right onto Kosciuszkko Road. Return to Smiggin Holes carpark, 3km along Kosciuszkko Road.

GUTHEGA AREA TRAILS

The cultural heritage of the Snowy Mountains comes alive in this area. You’ll discover historic huts previously used for grazing, the hydro-electric scheme and trails set among snow gums.

Topographic maps
• Perisher 1:25 000
• Geehi Dam 1:25 000

11 Geehi Reservoir ride

Intermediate, Management trail
30km one-way, 4 hours

This long, high altitude ride starts from Guthega Power Station, with a solid climb up to Schlink Pass. You’ll pass close to White’s River Hut on your way to Schlink Pass (1800m), the highest point on the ride. Stop by historic Schlink Hut, then travel along the valley for a several kilometres before the steep, winding descent to Geehi Reservoir.

You’ll need to organise transport from Geehi Reservoir, or it’s a further 27km ride along Geehi Dam Road, Olsens Road and Alpine Way to Geehi Flats campground. Alternatively, return the way you came.

This trail is open to bike riders in summer. Fat bikes permitted year-round. Experienced mountain bike riders recommended.

The road from Geehi Reservoir to Alpine Way is closed in winter (June to October long weekends).

Alternative routes: Alternatively, ride to Schlink Pass (11km one-way) then return to Guthega Power Station along the Disappointment Spur trail below White’s River Hut.
12 Burrungubugge ride

Intermediate, Management trail
15km loop, 2 hours

This easy to moderate ride becomes more difficult the further you go. Park at Island Bend and ride down the Island Bend Road, about 5km to the Snowy River. Cross the river and continue straight on. Then take the first left and go through the locked gates. From here it’s around 2km to the river flat area. Take a break here before returning the way you came.

Alternative routes: If you’re feeling energetic continue to the Gungarlin River, though be aware it is a steep climb.

The ride can also be started at the bridge on the Snowy River, shortening the distance around 5km each way.

CYCLING SAFETY

• Slow down. Give walkers right of way.
• Stay on formed trails. Avoid skidding and don’t cut corners.
• Stay away from wet, muddy areas, as riding can destroy trails.
• Wear your bike helmet.
• No bikes on walking tracks, including Thredbo to Mount Kosciuszko and Rawson Pass to Mount Kosciuszko.
• Fat bikes or snow bikes are only permitted on management trails that are also open to riding in summer.

STAYING SAFE

The Australian Alps may not be as high or steep as mountain ranges overseas but strong winds, rain and low temperatures can make our exposed alpine areas dangerous. Weather can change quickly so always be realistic about the current and approaching conditions as well as your own abilities.

Travel with others and tell someone where you’re going and when you’ll be back. Check weather before leaving and change plans if bad weather’s approaching – at any time of year.

Take layers of warm, waterproof clothing – even in summer and even on day trips – as well as plenty of food as it helps provide heat for the body.

Think about hiring a Personal Locator Beacon from one of our visitor centres as phone coverage in the park is patchy and cold can affect batteries.


General enquiries
Snowy Region Visitor Information Centre, Jindabyne. Ph: (02) 6450 5600
Perisher Visitor Office, Perisher Valley. Ph: (02) 6457 4444
Tumut Visitor Information Centre. Ph: (02) 6947 7025
Visit: nationalparks.nsw.gov.au/kosciuszko

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This map does not provide detailed information on topography, alerts or opening times and may not be suitable for some activities. Map published: 28/02/2018.